

# CENTRAL FLORIDA HEALTH CARE

Central Florida  
Health Care

HEALTH CARE WITH A HEART



## Diabetes Prevention/**Prevención de la Diabetes**

To register call/**Para registrarse llamar**  
**863-425-9288**

**Main Entrance/Entrada Principal**  
**S.E. 3<sup>rd</sup> Place**  
**Mulberry, FL 33860**

Central Florida Health Care, Inc.  
1514 First Street North  
Winter Haven, FL 33881

Dr. Ronald Lund  
rlund@cfhconline.org  
www.cfhconline.org

Location/ <b>Lugar</b>	Date/ <b>Fecha</b>	Time/ <b>Hora</b>
Mulberry Parent Center	October/Octubre 11, 2018	4:30-5:30 pm
Mulberry Parent Center	October/Octubre 17, 2018	9:30-10:30 am

## Learn English Online!/**Aprenda Inglés en línea!**

To register/**Para registrarse** 863-425-9288

S.E. 3<sup>rd</sup> Place, Mulberry, FL 33860

Location/Lugar	Date/Fecha	Time/Hora
Mulberry Parent Center	October/Octubre 2018  4 & 30	4:30-6:00 pm
Mulberry Parent Center	October/Octubre 2018  19 & 22	1:00-2:30 pm
Mulberry Parent Center	October/Octubre 2018  24 & 29	9:30-11:00 am

It's free, fun and a great way to learn English online!

**Es gratis, divertido y una gran manera de aprender Inglés en computadora/línea!**





**UF** | **IFAS Extension**  
UNIVERSITY of FLORIDA

## Expanded Food & Nutrition Education Program/**Programa de Educación Nutricional**

Presented by the UF/IFAS Extension Program

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863-425-9288

Main Entrance/Entrada Principal: SE 3<sup>rd</sup> Place, Mulberry, FL 33860

<b>Location/Lugar</b>	<b>Date/Fecha</b>	<b>Time/Hora</b>
Mulberry Parent Center	October/Octubre 2, 2018	4:30-5:30 pm
Mulberry Parent Center	October/Octubre 3, 2018	9:30-10:30 am